

The Washington Post

BUSINESS

D

Stocks

WEDNESDAY, NOVEMBER 23, 2005

M2

MARKETS

↑	DOW 10,871.43 UP 51.15, 0.5%
↑	NASDAQ 2253.56 UP 11.89, 0.5%
↑	S&P 500 1261.23 UP 6.38, 0.5%
↓	POST-BLOOMBERG REGIONAL 264.85 DOWN 0.88, 0.3%
↑	10-YEAR TREASURY UP \$2.50 PER \$1,000 4.43% YIELD

Details, D3

CURRENCIES
118.78 YEN=\$1
EURO=\$1.1814

Also Today

NATIONAL

Inflation Fears Caused Fed To Raise Interest Rates

High energy costs and their possible spread to other parts of the economy worried the Fed governors more than the threat of an economic slowdown triggered by the Gulf Coast storms. D2

Adelphia's John Rigas expected to plead guilty. D2

PNC's "cash balance" pension conversion ruled legal. D2

Warner Music pays \$5 million in payola probe. D2

LOCAL

Federal Inspectors Fault Low-Fare Buses on Safety

Budget carriers — the so-called Chinatown buses — drive the Washington-to-Boston corridor, charging little and, inspectors have found, not heeding regulations. A1

Fulton Financial Accused Of Bias in Mortgage Lending

Critics have asked the Federal Reserve to stop the Lancaster, Pa., bank from acquiring Howard County's Columbia Bancorp. D4

Stadium landowners must leave land by Feb. 3. Metro

Freddie Mac says investment holdings shrank. D4

Bernanke urges limits on Fannie, Freddie portfolios. D4

WASHTECH

AOL Slaps Ads on Blogs, Irritating Subscribers

To enhance its value to advertisers, the network provider has also added quick links to Moviefone and ShoppingBuddy. D4

AOL's Updated Triton Integrates More Features

The Internet company hopes that aggregating e-mail, text-messaging and video chats will mean more users and thus more ad dollars. D4

Xbox 360 sells out in a day at stores and online. D4

FCC urged to extend 911 deadline for Net phones. D4

INTERNATIONAL

U.S. duties on Canadian lumber to be slashed. D10

Stories from

THE WALL STREET JOURNAL

Chinese City Cuts Off Water After Chemical Accident

Explosions at a PetroChina plant near the water supply for provincial capital Harbin triggered fears of chemical pollution. D10

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PepsiCo Inc. paid for the playground equipment at the CentroNia preschool in Columbia Heights. The company is promoting exercise.

Work Off Those Cheetos!

Snack-Food Makers Promote Exercise, Healthful Diets for Kids

By CAROLINE E. MAYER
Washington Post Staff Writer

Four-year-old Ylan Isaac earnestly dumps mulch into a big plastic funnel, then pours it out. He dumps and pours, making it clear that this is his favorite spot in the new playground at his preschool. With good reason, he says: "You get to play with dirt."

Playing is exactly what PepsiCo Inc. had in mind when it decided to fund the playground at the CentroNia preschool in Columbia Heights, the first of 13 that the beverage and snack-food company will build around the country as part of its campaign to promote exercise. Like other big food companies, PepsiCo is trying to put the spotlight on fitness and nutrition to "balance" the calories consumed while eating many of the foods it sells.

"It's all about moving more, helping kids move more," Brock Leach, PepsiCo's chief innovation officer, said this month at the playground's ribbon-cutting.



Leah Simms, 4, and other children aren't targets of PepsiCo's campaign, the company says. Their mothers are. "We want moms to see us as on their side," a spokesman says.

Snack-food companies are under attack for childhood obesity. With the number of obese children more than doubling over the past 30 years, health care professionals and consumer activists have called for more government

oversight of food advertising.

To address their critics, many food companies have introduced more healthful products, such as reduced-sugar cereals.

See EXERCISE, D3, Col. 3

Snackercise

What some snack food companies are spending on fitness and nutrition programs for kids:

Coca-Cola	General Mills	Kraft
\$4 million	\$2 million	\$2.9 million
for pedometers to 8,500 middle schools.	per year in grants to schools and community groups.	in 2005; \$3.6 million in 2006.

Snyder Says He Has Won Six Flags Votes

By ANNYS SHIN
Washington Post Staff Writer

Redskins owner Daniel Snyder yesterday declared victory in his campaign to win three seats on the board of Six Flags Inc., bringing him closer to his goal of controlling the theme park company. An independent firm will now tally up shareholders' votes and certify the results.

Owners of more than 57 percent of the company have thrown their support behind his plan to revive Six Flags' fortunes, Snyder said.

"Stockholders have sent a clear message that it is time for change at Six Flags," he said in a statement.

Snyder's announcement marks the culmination of a three-month effort to persuade Six Flags' shareholders to remove

chief executive Kieran E. Burke, Chief Financial Officer James F. Dannhauser and board member Stanley S. Shuman and to install Snyder, former top ESPN executive Mark Shapiro and home builder Dwight C. Schar on the board instead. Snyder, the company's largest shareholder, needed the support of owners of a majority of Six

See SIX FLAGS, D4, Col. 1

STEVEN PEARLSTEIN

Alaska Would Be More at Home in Russia

With General Motors in the midst of a painful downsizing and Ford scheduled to announce its plan next year, it struck me that it's time for the U.S. government to get serious about restructuring.

So, after crunching the numbers and tossing around ideas with world-renowned strategy consultants, I've come up with a dynamite plan — one that would cut the federal deficit and the debt, heal a major rift within the body politic, and restore some sanity to the annual appropriations process: Sell Alaska back to the Russians.

The timing couldn't be better. The market value of Alaska's 4.5 billion barrels of proven oil reserves, plus the gas, timber and copper, are at or near all-time highs, while Russia is flush with \$50 billion in petrodollars it doesn't know how to invest. And with the

Kremlin still smarting about losing all those unpronounceable republics, Alaska would be just the sort of strategic acquisition to appeal to President Putin's imperial instincts.

The deal could be structured

See PEARLSTEIN, D3, Col. 1

Travel Tips From the Pros

Thanksgiving week is the time many seasoned business travelers hate the most, thanks to the hordes of holiday travelers, many bogged down with holiday gifts and lacking airport savvy, trying to pass through airport security. With that in mind, veteran fliers offer their less-experienced brethren tips for navigating the busy skies, to make the next few days easier on everyone:

Before getting to the airport

Bypass check-in: All vets agree on how to start your trip — print your boarding passes from your personal computer. Most airlines will let you do so as much as 24 hours before your flight. Passes in hand, you can head directly to the security checkpoint.

Travel light: More crowded planes means less overhead bin space. Arlington accountant Debbie Spencer encourages travelers to pack a day's worth of clothes in a carry-on, in case luggage gets lost. "It's not necessary to pack your entire closet in your carry-on bag," she warned.

Use the curbside luggage check-ins: But keep in mind that some airlines — such as Northwest and United — may charge \$2 per bag (in addition to tipping the sky can at least \$1 to \$2 per bag).

After getting to the airport

Take off your shoes: Novice fliers betray themselves most at the airport's metal detectors. Some airports say you don't have to remove your shoes, but often it's just easier to do it and keep moving. Also, Alexandria software developer Rebecca Hughes warned, "Most people don't realize that a metal detector doesn't only detect metal — it goes off anytime it can't see through something."

Empty your pockets: Finally, Vienna's David Olenzak suggests emptying your pockets into a resealable plastic bag and stuffing it into your carry-on. He reminds travelers to remove the items before they get to the metal detector: "Everyone [standing] behind you will appreciate it."

— Keith L. Alexander

